

RESOURCES FOR ALZHEIMER'S PATIENTS AND CAREGIVERS



Aging and Long Term Care of Eastern Washington

<https://altcew.org>
Helpline: (509) 960-7281
Spokane Dementia Friendly Community: (509) 458-2509



Alzheimer's Association

<https://alz.org>
24/7 Help-Line: 1-800-272-3900
Spokane Office: (509) 456-0456
Coeur d'Alene Office: (208) 666-2996



Alzheimer's Foundation of America

<https://alzfdn.org>
Help-Line: 866-232-8484



CenterWell Home Health

<https://centerwellhomehealth.com>
Liberty Lake: (509) 473-4900



Family Caregiver Alliance

<https://caregiver.org>
800-445-8106



Generation Connect

<https://generationconnect.io>
877-839-3360



Horizon Hospice and Palliative Care

<https://horizonhospice.com>
Spokane: (509) 489-4581



Inland Imaging

<https://inlandimaging.com>
Scheduling: (509) 455-4455



National Institute on Aging

<https://www.nia.nih.gov>
800-438-4380



Program of All-inclusive Care for the Elderly (PACE)

<https://www.dshs.wa.gov>



Providence Adult Day Health

<https://www.providence.org/>
(509) 482-2475



Senior Helpers

<https://seniorhelpers.com/wa/>
(509) 283-1201



Senior Housing Net

<https://seniorhousingnet.com>
800-304-7152

Spokane Area Support Groups

- Becky Tiller Support Group
 - Northwest Neurological
 - (509) 747-5615
- First Presbyterian Church of Spokane
 - 3rd Tuesday, 1:30-3:00pm,
 - (509) 590-3965
- Dementia Community Cafe at Central Spokane YMCA
 - 3rd Friday, 2:00-3:30pm,
 - (509) 207-7667
- Spokane North - Caregivers
 - 2nd & 4th Monday, 1:00-2:30pm,
 - (509) 290-1816
- Spokane South - Caregivers
 - 4th Saturday, 10:30am-12:00pm,
 - (509) 795-4668
- Spokane Downtown - Caregivers
 - 3rd Tuesday, 1:30-3:00pm,
 - (509) 207-7667
- Spokane County Library District Memory Cafe
 - Every Tuesday, 11:00am-12:00pm,
 - (509) 893-8350



1520 W 3rd Ave, Spokane, WA 99201
(509) 747-5615